

# DON'T SUFFER FOOLS

*Greg R. Norton*

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WELL, THIS MORNING, I THOUGHT I'd share some thoughts, about how I was allowed to take myself off of nicotine, through using 'minimal dosage' vaping. When I started vaping in twenty fifteen, I used a stronger dosage solution. I thought, 'More equates to better.' 'If I use a stronger

strength juice, then it will require less to get the right effect.' I soon realized, that I was messing with something kind of powerful... maybe deceptively powerful, and I realized that I didn't want to get ensnared in those types of heavy chains... *so I wisely figured it out... just use the most minimal dosage you can buy... while not quitting altogether.* So, then, when I went in the hospital in December of twenty twenty three, when my home closed... I then proceeded to a county group home, temporarily, and they told me of their rule... which was, *'No vaping on the premises.'* So, since I had been using

vaping only at the minimal dosage for three years or more, I just said to myself, '*Self, you aint really addicted to that stuff at all. It's just a placebo.*' And then, the next thing I realized, it wasn't any difficulty at all to give it up, and to look for other ways to find the same, or better satisfaction, *without nicotine. This came about just by paying attention, to the rich blessings on hand.* I started looking forward to browsing my vast media collection, and the browsing which having a shirt pocket supercomputer definitely affords. Even an off line device, is something like a mandala, to be sure... a focus of serious

study if you have got your own or others intellectual properties stored on it... *so that's just where I keep a copy of everything I've worked on for the past thirty five years, my life's work... and it's such an archivist's dream.* My writing, is something that I enjoy doing as much as anything, with my devices, to be sure, and so I began writing more full time, and I found that I wasn't at all troubled with nicotine cravings. Because my tools and digital appliances afforded me so much personal empowerment... *once I really grasped this hidden truth, I was then able to fully master my bad habits, and*

*cravings, without much problem at all.*

Even the realization that getting plenty of water improves the way that I feel... just like the lubrication for an engine... I stayed hydrated, then, and have had better quality of life for it, because doctors recommend six to eight glasses of water a day. So, you see? If you're at the minimum dosage of nicotine already, and would like to give it up, *then you're not that far off, now.*

Anyways, I here have just recently found a new artist or two which have revolutionized my listening, *and I'm given to speak of this.* If you think that you've heard everything that's out there, it will not

be long... you'll soon be made aware of a younger generation of music makers and producers, for instance, who are taking a whole different approach... music to a whole new level. *It's just a rare occasion, when you find a nice thing, on the world wide web, which elevates your whole experience.* But, this kind of thing does happen, and, now is proof. At any rate, you know that my audiophile music listening hobby sometimes gets good... *now is one of those times.* At any rate, It sure is good, these days, to be so surely cradled within the gentle arms of a good angel... I've lived with the pain of a broken relationship in a

few of my years... such occasionally is inescapable, but any pain has only limited power... and remains in effect only temporarily. Such a one is something that *'provokes the gentle nature into resentment.'* This is such confusion! You'll be glad and relieved when such moves behind, and the phantom passes. *Some paths will have become the pawns of misbehaving ghosts...* these attachments afford them wide sway, over established, well mannered, productive, happy relationships... *that would be what I would call a mischief if you ask me.* This type of thing sometimes presents an challenging

enigma to the writer... so, a good Angel knows to look at and examine the sources and precise natures of the chaos and careless damages *which such a one tries to birth into the world.* When the matter has passed behind, such won't present any more problems. At a time, when you've been harangued to your limits, then this will be when there is a break in the case, and you'll know and see *that you've not been alone in your having to outlast such a one.* Others will have been along with you... and these friends will bring forward the gist of what they've seen you having to go through, *you and your frazzled nerves, and eventually,*



*the problem moves behind, and isn't worth speaking of anymore.* I guess, in the scheme of things, it's the silliest, slowest of station which sometimes gets at me... *the folly... of wasted time and patience.* Some people have these types of genetic issues, and carelessness, and seem to take a relationship's precious time like it was free money for them to spend upon any extravagance... *exchanging the right out for the wrong.* Because their ranges seem to include full obscene rude ness, indiscriminately, for instance, *while you, on the other hand, know how to act... you're polite because it's the right way.*

But, I mean, in your here and now, if you neglect your spiritual gifts, and fail to address the issue and allow the matter to get behind yourself, *you'll only have yourself to blame.* **Just remember, you'll suffer a fool only so long, before you'll bring out your full intelligence to bear on illuminating the precise, specific nature of the particular rout, or careless rudeness... and your suffering ceases.** What nonsense! At any rate, I'll wrap this writing up, and send it along your way now. All for now, Greg